

**Objectives and Course description:**

Inform and instruct the participants on the basic principles and methods of Kinesiology taping. Following this training the participants will be able to:

- Conceptualize the method of neuro-proprioceptive taping
- Make the connection between neuro-muscular physiology and N.P.T. technique
- Put into practice application and cutting techniques
- Use the varied techniques according to different pathologies

**Recommended attendees:** Physiotherapists, Kinesiologists, Athletic Therapists, Chiropractors, Chiropractors, Occupational Therapists, Massage Therapists, Doctors, Rehabilitation Assistants

**Training Educator:**

**Jennifer Howey, B.Sc (PT)** is a physiotherapist with many years experience in orthopaedic medicine and acupuncture. Through treating high level athletes, including the Olympic Rowing team, Jennifer has gained manual, taping, and return to sport skills which she incorporates into rehabilitating the downtown office worker, or chronic pain client. Jennifer owns InsideOut Physiotherapy & Wellness Group in Toronto and is a clinical lecturer within the Physical Therapy program at the University of Toronto. Jennifer is a National Trainer for BSN Medical Canada.

Date / Time:	Friday, October 4 <sup>th</sup> , 2019	8:00 AM - 4:00 PM
Course Location:	Chinook Regional Hospital - Physiotherapy Department 960 19 <sup>th</sup> Street South, Lethbridge, Alberta Local Contact: Roisin Gibb 403 - 388 - 6182	
Name:	_____	
Address:	_____ _____	
Telephone:	_____	Cell: _____
Email ( <i>required</i> ):	_____	

**Cost of Course:** \$ 250.00 + 5% PST = **\$ 262.50**

InsideOut Physiotherapy & Wellness Group  
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**Return completed Registration form to InsideOut Physiotherapy & Wellness Group by email or fax.**

METHOD OF PAYMENT	
<input type="checkbox"/> VISA  <input type="checkbox"/> MasterCard	Card Number: _____
	Expiry Date: _____
<input type="checkbox"/> Cheque	Name on Card: _____
	Payable to <b>InsideOut Physiotherapy</b> and mail to: InsideOut Physiotherapy & Wellness Group 1240 Bay St. Suite # 502 Toronto, ON M5R 2A7 ATT: Leukotape Level 1 Course in Lethbridge

**Cancellation Policy:** If participant cancels within 7 days of course date, NO refund offered.